

# GENERAL ARTS AND SCIENCE - HEALTH SCIENCES

## CURRICULUM

Course	Title	Credits
<b>Year 1</b>		
<b>Term I</b>		
BIO-1160	Anatomy and Physiology I	3
Select 1 of the following:		3
BIO-1152	Physiology of Aging	
BIO-1155	Human Nutrition	
BIO-1156	Wellness and Health Issues	
BIO-1162	Microbiology	
ENG-1150	Composition	3
Select 1 of the following:		3
PSY-1160	Introduction to Psychology	
PSY-1170	Human Development Across the Lifespan	
Approved Elective		3
<b>Credits</b>		<b>15</b>
<b>Term II</b>		
BIO-1161	Anatomy and Physiology II	3
COM-1162	Interpersonal Relationships and Communications	3
Select 1 of the following:		3
SOC-1160	Introduction to Sociology	
SOC-1167	Sociology of Aging	
Approved Elective		3
Approved Elective		3
<b>Credits</b>		<b>15</b>
<b>Total Credits</b>		<b>30</b>

## Approved Electives

Course	Title	Credits
COL-1130	Achieving College Success	3
COM-1170	Helping Relationships	3
CPL-1150	Community Service Learning	3
CSP-1150	Medical Terminology/Anatomy and Physiology	3
ENG-1159	Writing for the Workplace	3
HUM-1155	Ethics	3
INS-1155	Introduction to Indigenous Studies	3
PSY-1168	Sport and Exercise Psychology	3
PSY-1177	Psychology of Aging	3
PSY-2260	Abnormal Psychology	3

Other Post Secondary Courses open to General Arts and Science students may be considered.

Alternate Course choices from PSY, SOC, BIO above.