

GENERAL ARTS AND SCIENCE - HEALTH SCIENCES

Program Office: 403.394.7338 • generalstudies@lethbridgecollege.ca

The health-care sector is one of the largest and most complex in Canada, providing a broad range of career opportunities from direct patient/client care to related teaching and research. It's so broad that you may have an interest, but not have a clear direction you want to take. The Health Sciences certificate program offers a way for you to explore your interest, gain foundational knowledge and take courses that are transferable to a diploma or degree.

The courses you take to earn your one-year Health Sciences certificate can be applied to six health-related diploma and degree programs at Lethbridge College and to programs at other institutions.

Your Investment

Program fees will vary. To view fee information, go to www.lethbridgecollege.ca/programs (<https://www.lethbridgecollege.ca/programs/>) and select your program.

Graduation

Upon successful completion of all program requirements, students are awarded a General Arts and Science - Health Sciences Certificate.

Successful completion of this program may qualify students for admission into other Lethbridge College programs. Please consult specific program admission requirements.

ADMISSIONS

New applicants are accepted into the General Arts and Science program for the Fall (September) term.

General Admissions Requirements

All applicants must meet the general admission requirements for Lethbridge College programs, as indicated in the Admission section of this calendar.

CURRICULUM

Course	Title	Credits
Year 1		
Term I		
BIO-1160	Anatomy and Physiology I	3
Select 1 of the following:		3
BIO-1152	Physiology of Aging	
BIO-1155	Human Nutrition	
BIO-1156	Wellness and Health Issues	
BIO-1162	Microbiology	
ENG-1150	Composition	3
Select 1 of the following:		3
PSY-1160	Introduction to Psychology	
PSY-1170	Human Development Across the Lifespan	
Approved Elective		3
Credits		15

Term II		
BIO-1161	Anatomy and Physiology II	3
COM-1162	Interpersonal Relationships and Communications	3
Select 1 of the following:		3
SOC-1160	Introduction to Sociology	
SOC-1167	Sociology of Aging	
Approved Elective		3
Approved Elective		3
Credits		15
Total Credits		30

Approved Electives

Course	Title	Credits
COL-1130	Achieving College Success	3
COM-1170	Helping Relationships	3
CPL-1150	Community Service Learning	3
CSP-1150	Medical Terminology/Anatomy and Physiology	3
ENG-1159	Writing for the Workplace	3
HUM-1155	Ethics	3
INS-1155	Introduction to Indigenous Studies	3
PSY-1168	Sport and Exercise Psychology	3
PSY-1177	Psychology of Aging	3
PSY-2260	Abnormal Psychology	3

Other Post Secondary Courses open to General Arts and Science students may be considered.

Alternate Course choices from PSY, SOC, BIO above.

TRANSFERS

Other Colleges and Universities

Many of the courses offered in General Arts and Science - Health Sciences are transferable to a wide variety of institutions and programs across Alberta, Canada and internationally. Although advance credit is ultimately determined by the receiving institution, it may be possible for you to start your post-secondary educational program in General Arts and Science - Health Sciences at Lethbridge College. Please make an appointment to speak with an Academic Advisor at Lethbridge College if you wish to pursue this option.

CAREERS

Discover your Health Science vocation through Lethbridge College's General Arts and Science – Health Sciences Certificate. Successful completion of this Certificate will equip you with the skills and knowledge to pursue careers in:

- Exercise Science
- General Arts and Science
- Massage Therapy
- Nursing Education in Southwestern Alberta (NESA)
- Practical Nurse
- Therapeutic Recreation – Gerontology