THERAPEUTIC RECREATION (TRG)

TRG-1150 Introduction to Therapeutic Recreation (3 Credits)
A foundational overview of the history, philosophy, concepts and issues in the field of therapeutic recreation. Emphasis on the helping nature of the recreation therapist role and the importance of self-awareness within the profession. The importance of leisure activities and the common barriers to recreation participation are discussed. Introductory information and discussion on a wide range of disabilities, medical conditions, and options for service delivery. Conceptual models of therapeutic service are explored. Not eligible for Prior Learning Asssessment. Not available for supplemental.
Instruction (4)
Equivalent to TRG-150.

TRG-1160 Therapeutic Recreation Program Planning I (3 Credits)
An introduction to the theoretical approach to program design in the therapeutic recreation setting. Concepts include: conditions and elements of the leisure experience, benefits sought from the leisure experience, program theories, leisure ability model, activity analysis and elements of program planning. Not eligible for Prior Learning Assessment. Not available for supplemental.
Instruction (3)
Equivalent to TRG-160.
Requisite courses: Take TRG-1150 (Required, Previous).

TRG-1164 Leadership Theory (3 Credits)
An introduction to leadership concepts and theories including both the nature and reality of leadership in personal, community and organizational settings. Emphasis is on therapeutic recreation practice. Reflection and analysis of leadership topics and skills focusing on understanding the principles of effective leadership will be explored. Not eligible for Prior Learning Assessment. Not available for supplemental.
Instruction (3)
Equivalent to TRG-164.

TRG-1199 Practicum I (3 Credits)
A 200-hour practical application of theoretical concepts under the supervision of a therapeutic recreation professional within a pre-approved facility that provides care for seniors. Primary focus on observing and assisting in the therapeutic recreation process. Practice within a team environment and development of person-centered therapeutic relationships with clients. Development of professional skills required for therapeutic recreation. Not available for supplemental. Graded: Pass/Fail.
Work Integrated Learning (3)
Equivalent to TRG-199, TRG-1199W.
Requisite courses: Take TRG-1150 (Required, Previous). Take TRG-2263 (Required, Previous or concurrent). Take TRG-1160 (Required, Previous or concurrent).

TRG-2253 Therapeutic Recreation Assessment (3 Credits)
The application of the therapeutic recreation process of assessment as an essential foundation for identifying appropriate client intervention. Exploration of different forms of documentation and the analysis of assessment tools used in therapeutic recreation settings. Not eligible for Prior Learning Assessment. Not available for supplemental.
Instruction (4)
Equivalent to TRG-253.
Requisite courses: Take TRG-1199 (Required, Previous).

TRG-2256 Therapeutic Recreation Intervention (3 Credits)
An exploration of the therapeutic recreation intervention process used to assist individuals in coping and adapting to their environment and effecting change in their lives. Emphasis on the various forms of intervention used in geriatric settings. Not eligible for Prior Learning Assessment. Not available for supplemental.
Instruction (3)
Equivalent to TRG-256.
Requisite courses: Take TRG-1199 (Required, Previous).

TRG-2259 Therapeutic Recreation Issues and Trends (3 Credits)
An exploration of the more advanced roles and topics for the professional Therapeutic Recreation Specialist. Emphasis on taking responsibility for continued education and building professional accountability. Interpretation and analysis of research. Not eligible for Prior Learning Assessment. Not available for supplemental.
Instruction (3)
Requisite courses: Take TRG-2256 (Required, Previous). Take TRG-2268 (Required, Previous).

TRG-2260 Therapeutic Recreation Program Planning II (3 Credits)
Application of therapeutic recreation specific program design and leisure education programs. Program and client evaluation are examined. The budget process and fundraising strategies are explored and utilized. Not eligible for Prior Learning Assessment. Not available for supplemental.
Instruction (3)
Equivalent to TRG-260.
Requisite courses: Take TRG-1160 (Required, Previous).

TRG-2263 Aging Disorders and Disabilities (3 Credits)
An overview of disorders and disabilities common to the aging population from the perspective of the therapeutic recreation professional. Not eligible for Prior Learning Assessment. Not available for supplemental.
Instruction (3)
Equivalent to TRG-263.
Requisite courses: Take BIO-1152 (Required, Previous).

TRG-2264 Community Resources (3 Credits)
The exploration of community related resources from the human, business, voluntary and governed sectors that support the therapeutic recreation professional, client and/or client families. Communication techniques for accessing and utilizing community resources are compared and applied. Not eligible for Prior Learning Assessment. Not available for supplemental.
Instruction (3)
Equivalent to TRG-264.
Requisite courses: Take TRG-2253 (Required, Previous). Take TRG-2260 (Required, Previous).

TRG-2268 Therapeutic Recreation Programs (6 Credits)
A capstone course integrating all aspects of therapeutic recreation program delivery. Focus on theory and practice in the various areas of core recreation programming. Demonstration of programming knowledge and skills is required. Not available for supplemental. Not eligible for Prior Learning Assessment.
Instruction (3.0), Lab (6.0)
Equivalent to TRG-268.
Requisite courses: Take TRG-1199 (Required, Previous). Take TRG-1160 (Required, Previous). Take TRG-2268L (Required, Concurrent).

TRG-2270 Administrative Practices Therapeutic Recreation (3 Credits)
An examination of administrative concepts and supervisory skills. An exploration of human resource planning and volunteer management. The purpose of policy and procedure, quality improvement, risk management are discussed. Emphasis is on therapeutic recreation practice. Not eligible for Prior Learning Assessment. Not available for supplemental.
Instruction (3)
Equivalent to TRG-270.

TRG-2299 Advanced Practicum II (6 Credits)
A 320-hour advanced practical application of theoretical concepts under the supervision of a therapeutic recreation professional within a pre-approved facility that provides care for seniors. Competency in the therapeutic recreation process and practice is demonstrated. Emphasis on the development of administrative and leadership skills in therapeutic recreation practice, as well as employment of professional standards of practice. Not available for supplemental. Not eligible for Prior Learning Assessment. Graded: Pass/Fail.
Work Integrated Learning (6)
Equivalent to TRG-2299W.
Requisite courses: Take TRG-2253 (Required, Previous). Take TRG-2256 (Required, Previous). Take TRG-2260 (Required, Previous). Take TRG-2268 (Required, Previous).